

Introduction

G.R.E.A.T. Families is a research-based family-strengthening program consisting of two components, a six-session family curriculum and a family/community resource guide for G.R.E.A.T. facilitators. The G.R.E.A.T. Families curriculum uses group interaction, activities, and skills practice to engage parents and children ages 10-14 in order to foster positive family functioning. Each session is facilitated under the guidance of a specially trained G.R.E.A.T. Families lead facilitator.

Goal

Strengthening communities by strengthening families through engaging parents and youth between the ages of 10 and 14 in cooperative lessons designed to facilitate better communication among family members and enhance family decision-making skills.

Program Structure

G.R.E.A.T. Families is intended for families with children between the ages of 10 and 14. The curriculum consists of six sessions, covering a wide range of issues facing today's families. Families are encouraged to attend all six sessions. Class size is normally limited to 10 families. Child care may be made available, by the sponsoring agency, for younger children of participating families.

Sessions

1. Introductino to G.R.E.A.T. Families
2. G.R.E.A.T. Communication
3. G.R.E.A.T. Family Skills
4. G.R.E.A.T. Role Models
5. G.R.E.A.T. Family Relationships
6. Families in the Electronic Age